



**Rick Morris**

[NewManagement.com/music/soundproj.html](http://NewManagement.com/music/soundproj.html)

February 25, 2015  
SP14.06

## TIME TO PUT THIS PROJECT TO BED.

Although I never received the 100 5-song playlists I had anticipated, I enjoyed the heck out of the music we did find. And with that thought in mind, this final edition of Sound Project 2014 will provide you with the track names for 25 really beautiful songs that can be played in the background whenever your student are in *production mode*. [See page 2]

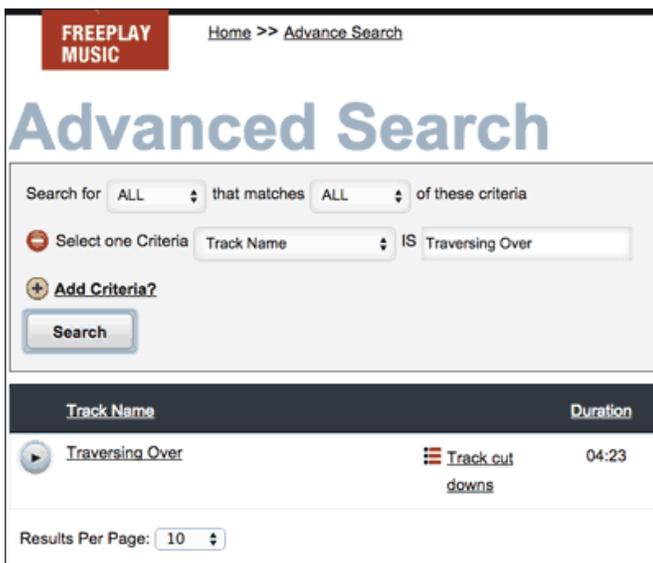
And here's a **tip** and a **reminder**.

**TIP.** When searching on FreePlayMusic.com for the 25 songs, use the advanced search option. Set a criterium for **Track Name**. Enter the name of the song, and hit Return. Click the **Add to Cart** button found to the right of the displayed song.



**Reminder.** A Bluetooth sound system for just \$20? Download the how-to guide, and build your own.

<http://newmanagement.com/music/sound-system.html>





# Production Playlist Compilation

25 songs, 1 hour & 23 minutes

Track Name	Duration	Track Cut-Downs
Traversing Over	4:24	60 / 30
Soft Whispers	4:54	60 / 30
Get Into You	4:58	60 / 30
Night Walk	2:02	60 / 30 / 20 / 15 / 10
Slow It Down	2:33	60 / 30
L and M	4:18	60 / 30
Creme D Dream	5:15	none
Oh De Doo Dah	2:06	60 / 30 / 20 / 15 / 10
City Lights	2:04	60 / 30 / 20 / 15 / 10
Smooth Sailing	2:35	60 / 30 / 20 / 15 / 10
The Acoustic Flow	3:24	60 / 30
Staying in the Dark	3:04	60 / 30
Lift Me Higher	2:59	60 / 30
Chill Zone	3:25	60 / 30
Come On Get Up	2:08	60 / 30
Winter in Me	4:14	60 / 30
A Difficult Measure	2:14	60 / 30
Magic Under the Stars	3:13	60 / 30
Thoughts of Paradise	2:24	60 / 30
Visioning an Angel	3:08	60 / 30
Picnic in the Park	2:48	60 / 30
Long Long Journey	2:29	60 / 30
Sunset Harbor	2:38	60 / 30
Pachelbel Canon In D	4:53	none
I Don't Know	5:21	60 / 30
Old Time Groove	6:12	60 / 30
Because	4:54	60 / 30
Malla	5:11	60 / 30
Not Forgotten	4:59	60 / 30
Now Is It	5:50	60 / 30

[The blue highlighted songs are replacements for the somewhat more upbeat yellow highlighted ones from the original 25 songs.]

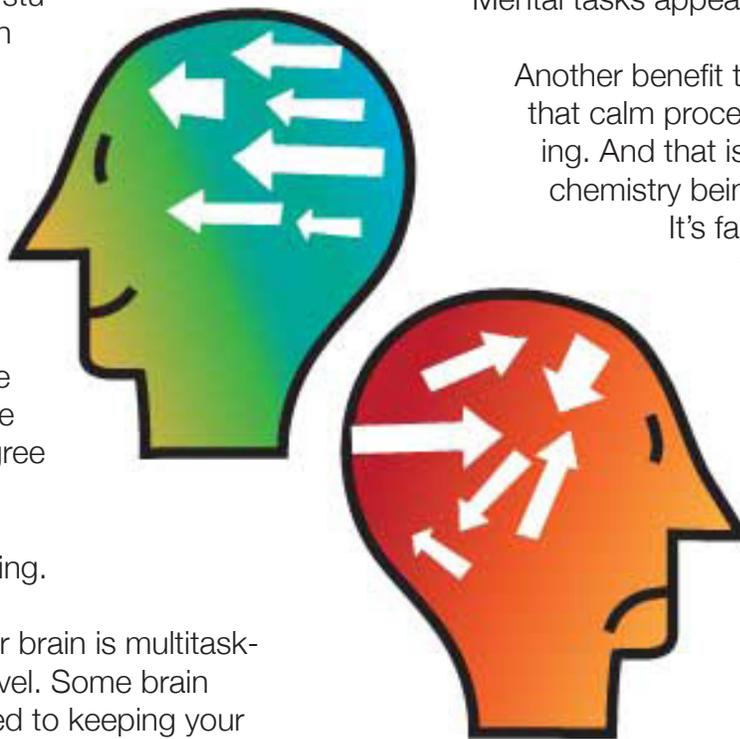
# BRAIN Child

PreFrontal Cortex development (the human ability to use concepts) can be enhanced by knowledgeable teaching techniques. One such technique is the use of background music when students are working on a performance task. ["Production Mode" is the term Rick uses to describe this type of student behavior.] By adding music to the work environment, the teacher can have a huge impact on the students' actual degree of success.

And that's a brain thing.

At any moment, your brain is multitasking at an amazing level. Some brain processing is devoted to keeping your lungs breathing and your heart beating. Some goes to scanning the environment for threats. Some is being used to compute the best way to tell your principal you're planning to take a day off next week.

Add to that the uncountable mass of other processing going on at the same time, much of it without you even knowing or allowing it to occur. It can be a bit overwhelming and is something every brain experiences; a constant flow of change and adjustment processing. And it's all happening down at the pre-organizational levels.



When the immediate environment is filled with chaos, the brain has a harder time analyzing complex situations. A simpler environment, one with less random input, contributes to the brain feeling more successful. When attractive music is playing, its perceived pulse has a tendency to get brain processes in step with its rhythm. Apparently, separate brain functions can individually align with this rhythmic pulse. When enough functions are on the same beat the brain feels as if its various parts are firing in unison. The individual experiences harmony which produces a sensation of unison.

Mental tasks appear to proceed with less effort.

Another benefit to background music is that calm processing can be more satisfying. And that is a direct result of pleasure chemistry being generated in the brain.

It's fairly common knowledge that adding pleasure to an activity increases the appeal, and hence the effectiveness, of that activity.

Bonus:

In the classroom, music can provide a feedback effect.

The Limbic brain is very aware of "my" surrounding group.

Humans are social animals which means they are aware of what others are doing. Each individual is also aware of how well they are fitting-in with the people around them. Being an accepted member of the group is a much more powerful urge than most people realize. (In primitive scenarios, it's actually a matter of life and death.) When students successfully contribute to their group's behavior, the Limbic brain sends out more pleasure chemistry. Which reinforces the group-behavior - in this case, being quietly focused and on-task.

Sometimes it seems like magic.

As does most good science.

- Len Torres, *Primus*