



# What Is Production Music?

April 1, 2014  
SP14.00

**Rick Morris**

[NewManagement.com/music/soundproj.html](http://NewManagement.com/music/soundproj.html)

**Q**

Could you explain what you mean by **Production music**? I'd like to create a playlist for the project but don't know what songs would be appropriate.

**THANKS FOR ASKING. LET'S START WITH SOME RESEARCH DONE OVER 30 YEARS AGO AND TAKE IT FROM THERE.**

According to *College Smarts*, music in the classroom has many benefits.

**Baroque music<sup>†</sup> (especially slow movements where there are 60 beats per minute) accelerates learning, and enhances both short-term and long-term memory.**

- > blood pressure lowers
- > heartbeat slows to a healthy rhythm
- > beta brain waves [quick twitch] decrease by 6%
- > alpha brain waves [relaxation] increase by an average of 6%
- > the right and left hemispheres of the brain become synchronized

<sup>†</sup> Baroque music expresses order yet is always lively and tuneful. It's a style of Western music composed from approximately 1600 to 1750.

**In other words, the music produces a powerful feeling of alert relaxation, a state in which the body functions more efficiently on less energy, making more energy available for the brain.**

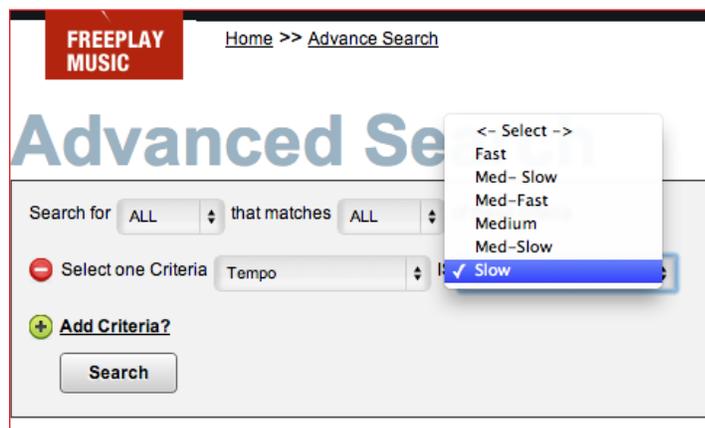
*College Smarts* offered these songs as examples of the right kind of music.

Albinoni	Adagio in G Minor for Strings
Bach, J.S.	Largo from Harpsichord Concerto in F Minor, BWV 1056
	Largo from Harpsichord Concerto in C Major, BWV 975
	Air for the G String
Corelli	Largo from Concerto No.10 in F Major
Vivaldi	Largo from Concerto in D Major for Guitar and Strings
	Largo from Concerto in C Major for Mandolin, Strings and Harpsichord
	Largo from "Winter" from The Four Seasons
Pachelbel	Canon in D [This is the first song in Sound Project 2014 Edition 05]

**The efficacy of baroque music notwithstanding, my thought is that any music similar in structure to baroque is likely to produce the same benefits.**

*So here's my suggestion.*

**Go to FreePlayMusic.com and look around. Set the advanced search criteria to Tempo = Slow. You'll find hundreds of high quality songs you can play in the classroom to enhance the learning and achievement of your students.**



Send your Production Playlist to:  
[SoundProject2014@gmail.com](mailto:SoundProject2014@gmail.com)

**Find five songs that you think your class would enjoy. Send the track titles and volume titles to me, and I'll pass along the info to other teachers.**

Find Canon and 4 other songs. Just got to: [newmanagement.com/music/soundproj/sp14-05](http://newmanagement.com/music/soundproj/sp14-05).