



What Is Production Music?

April 1, 2014
SP14.00

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NewManagement.com/music/soundproj.html

Q

Could you explain what you mean by **Production music**? I'd like to create a playlist for the project but don't know what songs would be appropriate.

THANKS FOR ASKING. LET'S START WITH SOME RESEARCH DONE OVER 30 YEARS AGO AND TAKE IT FROM THERE.

According to *College Smarts*, music in the classroom has many benefits.

Baroque music[†] (especially slow movements where there are 60 beats per minute) accelerates learning, and enhances both short-term and long-term memory.

- > blood pressure lowers
- > heartbeat slows to a healthy rhythm
- > beta brain waves [quick twitch] decrease by 6%
- > alpha brain waves [relaxation] increase by an average of 6%
- > the right and left hemispheres of the brain become synchronized

[†] Baroque music expresses order yet is always lively and tuneful. It's a style of Western music composed from approximately 1600 to 1750.

In other words, the music produces a powerful feeling of alert relaxation, a state in which the body functions more efficiently on less energy, making more energy available for the brain.

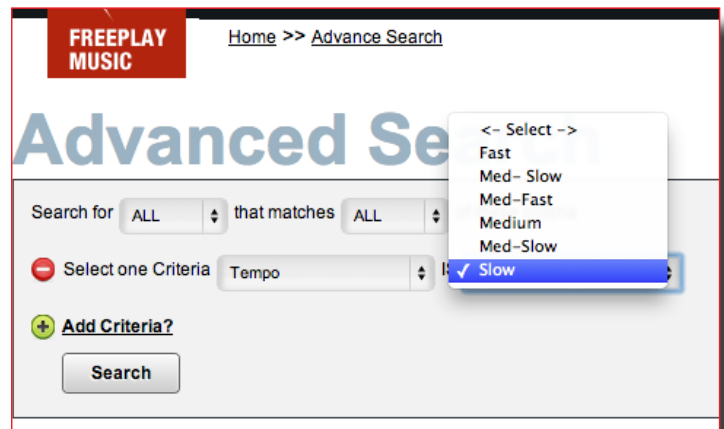
College Smarts offered these songs as examples of the right kind of music.

Albinoni	Adagio in G Minor for Strings
Bach, J.S.	Largo from Harpsichord Concerto in F Minor, BWV 1056
	Largo from Harpsichord Concerto in C Major, BWV 975
	Air for the G String
Corelli	Largo from Concerto No.10 in F Major
Vivaldi	Largo from Concerto in D Major for Guitar and Strings
	Largo from Concerto in C Major for Mandolin, Strings and Harpsichord
	Largo from "Winter" from The Four Seasons
Pachelbel	Canon in D [This is the first song in Sound Project 2014 Edition 05]

The efficacy of baroque music notwithstanding, my thought is that any music similar in structure to baroque is likely to produce the same benefits.

So here's my suggestion.

Go to FreePlayMusic.com and look around. Set the advanced search criteria to Tempo = Slow. You'll find hundreds of high quality songs you can play in the classroom to enhance the learning and achievement of your students.



Send your Production Playlist to:
SoundProject2014@gmail.com

Find five songs that you think your class would enjoy. Send the track titles and volume titles to me, and I'll pass along the info to other teachers.

Find Canon and 4 other songs. Just got to: newmanagement.com/music/soundproj/sp14-05.